

# blue plate bakery & cafe

## BREAKFAST ALL DAY

**bp** Chilaquiles Verdes \$10 – corn tortilla strips, poblanos, onions, eggs, tomatillo salsa, cheese, black beans, & crema

Power \$10 – eggs scrambled w/cheese & spinach; bacon; chicken sausage; tomato slices

Basic \$8 – two eggs your way; café potatoes; chicken sausage *or* thick bacon

Burrito \$8 – eggs, black beans, spinach, fresh cheese, salsa, & crema in a tortilla

Breakfast Club \$8 – eggs, tomato, avocado, & bacon on a club roll

Farm Frittata \$9 – open omelet w/chicken sausage, roasted pepper, mushrooms, cheddar

Garden Scramble \$10 – egg whites, roasted tomatoes, & scallions, with arugula salad

Goldie's \$11 – wheat bagel w/veggie cream cheese, smoked salmon, tomatoes, & capers

**bp** Buttermilk Pancakes \$7 – big and fluffy double stack

Pancakes Plus \$8 – add blueberries, bananas, chocolate chips, or granola

Cinnamon Apple French Toast \$8 – custard-soaked cinnamon bread, apple compote, granola

**bp** Granola Parfait \$6 – our granola, Greek yogurt, fresh fruit (gf)

## LUNCH

Chicken & Black Bean Chili \$6 – w/cheese, scallions, sour cream

### Sandwiches

Pulled Chicken BBQ \$8 - with pickles and coleslaw on soft bun

Turkey Club \$8 – stacked turkey, cheese, tomato, avocado, lettuce on club roll

Panino \$8 – fresh mozzarella, roasted red pepper, pesto, arugula on crusty roll

Grilled Ham & Cheese \$8 – with tomato on Italian bread

BLT \$7 – thick bacon, lettuce, tomato, mayo on toasted wheat

**Choose as a Salad or Wrap \$10** (with our homemade dressings)

Tuna-Avocado – bp sunshine tuna salad, arugula, avocado, tomato, house vinaigrette

Harvest – arugula, spinach, beets, roasted tomato, carrots, sunflower seeds, feta, balsamic

Thai Chopped – cabbage, carrots, scallions, cucumbers, chicken breast, sesame-soy

**Check online for our menu of special take-home family meals and entrees.**

## KIDS (12 and under, please)

Nutella-Stuffed Pancake Sandwich \$5 – with powdered sugar and banana slices

Kid's BET \$5 – scrambled eggs, bacon, toast

PB-Jammin' \$5 – natural peanut butter, strawberry jam on wheat

Mr. Cheese \$5 – grilled cheese on white bread

## ADD A SIDE

Thick Bacon or House Chicken Sausage \$5

Smashed Black Beans \$4

Café Potatoes \$4

Fruit Bowl \$4

Two Eggs Your Way \$4

One Pancake \$4

Wheat Bagel \$4 (plain or veggie cream cheese)

Toast \$3 (wheat, ciabatta, cinnamon swirl)

Small Salad \$5

Coleslaw \$3

Scoop of Tuna \$4

Tomatillo Salsa \$3

**(consuming raw or undercooked foods presents a health risk)**

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## DRINKS

Fresh-squeezed Orange Juice \$5

House Coffee \$3 (medium, dark, or decaf)

Hot Tea \$3 (black, white, green, or herbal)

Cold Brew Coffee \$4

Cold Brew Latte \$5 - shaken cold brew coffee with cow, soy, almond, or oat milk (add chocolate, vanilla, mint, or caramel syrup \$.50)

Fresh-Press Apple Cider \$4

Cold Brew Iced Tea \$4 (black, green, or herbal)

Caramel Apple Cooler \$5 – shaken iced tea, apple cider, caramel syrup

Milk/Chocolate Milk \$2/\$2.50

Kids Apple Juice \$2

Sparkling Water \$3

Coke/Diet Coke \$3

## smoothies \$5

PBJ Smoothie– milk (any), banana, peanut butter, & strawberry jam

Paradiso Smoothie - OJ, Greek yogurt, banana, pineapple, & mango

Green Smoothie– apple juice, banana, spinach, kiwi, & fresh ginger

## INDULGE

Mixed Berry Muffin \$3

Cinnamon Crumb Muffin \$3

Pumpkin Chocolate Chip Muffin \$3

Banana Bread \$3/slice; \$8/mini loaf

Zucchini Chocolate Chip Bread \$3/slice; \$8/mini loaf

Granny Bar \$4 (peanut butter crispy rice bottom with chocolate butterscotch top)

Snickerdoodle Bar \$3.50 (vanilla blondie with cinnamon top)

Signature Giant Cookies \$2

(chocolate chip, cowgirl, chewy ginger, peanut butter, oatmeal-raisin, sugar)

Double Chocolate Bundt Cake \$4/slice

Carrot Cake \$5/piece; \$45 whole (serves 12, advance notice required)

Fruit-of-the-season Crisp \$6/serving; \$45 whole (serves 10, advance notice required)

## TAKE ME HOME

House Coffee pound \$15

House Jam 8oz \$6

Our Granola 32oz mason jar \$12

Chili quart \$10

Tuna Salad quart/pint \$13/\$7

Coleslaw quart/pint \$9/5

House Vinaigrettes (balsamic or sesame-soy) half pint \$5

Tomatillo Salsa half pint \$5

**For specials and online ordering visit [www.blueplatemichigan.com](http://www.blueplatemichigan.com)**