

# blue plate bakery & cafe

## EAT BREAKFAST ALL DAY

**bp** Chilaquiles Verdes \$12 – toasted corn tortilla strips, roasted poblanos, onions, eggs, tomatillo salsa, cheese, with black beans & crema

Power \$12 – egg scram w/cheese & spinach; thick bacon; chicken sausage; tomato slices

Power Plus \$14 – the Power plus one pancake or two slices of toast

Basic \$10 – two eggs your way, café potatoes, chicken sausage or thick bacon, toast

Bacon Wrap \$10 – eggs, thick bacon, cheese, tomato, greens, & potatoes in a wheat wrap

Corfu \$11 – folded omelet w/kale, grilled zucchini, roasted tomato, & feta, toast

Puebla \$11 – open omelet w/chicken chorizo, onions, poblanos, potatoes, & cheese, toast

LA Scramble \$10 – eggs scrambled w/spinach, artichokes, bacon bits, & cheese, toast

NYC Scramble \$11 – egg whites w/arugula, lentils, roasted tomatoes, & red pepper, toast

(consuming raw or undercooked foods presents a health risk)

**bp** Pancakes \$8/\$6 – triple stack/double stack

Pancakes Plus \$9/\$7 – add blueberries, bananas, chocolate chips, or granola

Banana Nutella French Toast \$10 – vanilla brioche, nutella, bananas, whipped cream

Carmen's Fruitopia \$7 – berries & bananas with Greek yogurt & homemade granola

Café Toast \$6 - toasted country grain, natural peanut butter, homemade jam

Goldie's \$12 – wheat bagel, veggie cream cheese, smoked Nova salmon, tomatoes, capers

## EAT LUNCH

### sandwiches

Chicken Cheesesteak \$10 - Amish chicken, onions, peppers, provolone on toasted hoagie

Caprese \$9 – fresh mozzarella, tomatoes, garden basil, olive oil on focaccia

Georgia Grilled Cheese \$9 – cheddar, house pimento, tomatoes on country grain grilled

Egg Salad \$8 – with arugula on wheat

**bp** Sunshine All White Tuna Salad \$8 – with arugula on wheat

BLT \$7 – thick bacon, lettuce, tomato, mayo on toasted sourdough

**salad or wrap \$11** (with our homemade dressings)

Chicken Ranch – lettuce, Amish chicken, bacon bits, tomato, scallions, carrots, ranch

Med – kale, arugula, lentils, zucchini, roasted tomato, red pepper, seeds, feta, herb vinny

**Today's Soup \$5/bowl; \$3/cup**

## FEED THE KIDS

Minnie Cake \$4 – our pancake poured in the shape of a mouse

Sweet Dreamcakes \$5 – two jr. pancakes with chocolate chips, sprinkles, & whipped cream

Kid's BET \$5 – scrambled eggs, bacon, toast

PBJammin' \$5 – natural peanut butter, strawberry jam on wheat

Mr. Cheese \$5 – grilled cheese on white

## ADD A SIDE

Thick Bacon or House Chicken Sausage \$5

Smashed Black Beans \$4

Café Potatoes \$4

Fruit Bowl \$4

Side Salad \$4

Two eggs your way \$4

Tomatillo Salsa \$2

Toast \$3 (wheat or sourdough)

Wheat Bagel \$4 with plain, pimento, or veggie cream cheese

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## QUENCH

Fresh-squeezed Orange Juice \$5

House Coffee \$3 (medium, dark, or decaf)

French Press \$7 (serves 2+)

Hot Tea \$3 (black, white, green, & herbal varieties)

Cold Brew Coffee \$4

Cold Brew Latte \$5 - shaken cold brew coffee with cow, soy, almond, or oat milk (add chocolate, vanilla, caramel, or lavender syrup)

Cold Brew Iced Tea \$4 (black, green, or herbal)

Homemade Shaken Lemonade \$5 (sweetened w/simple, lavender, or berry syrup)

Cafe Cooler \$5 – shaken iced tea and lemonade (choose simple, lavender, or berry syrup)

## smoothies \$6

Chocolate PB – choice of milk, Greek yogurt, banana, peanut butter, & chocolate syrup

Sunrise - OJ, Greek yogurt, banana, strawberries, & mango

Green – apple juice, banana, kale, spinach, kiwi, & fresh ginger

Milk/Chocolate Milk \$2/\$2.50

Kids Apple Juice \$2

Sparkling Water \$3

Coke/Diet Coke \$3

(our organic coffee beans are sourced and roasted by Paramount Coffee, Lansing, MI)

## INDULGE

Mixed berry breakfast muffin \$3

Savory cheddar chili corn muffin \$3

Almond Joy scone \$3 (chocolate chunk, almond, coconut)

Blueberry crumb coffee cake \$4

Banana bread \$3/slice; \$24/loaf

Zucchini chocolate chip bread \$3/slice; \$24/loaf

Seasonal bread \$3/slice; \$24/loaf

Granny bar \$4 (peanut butter crispy rice bottom with chocolate butterscotch top)

Double fudge brownie \$4

Signature giant cookies \$2

(chocolate chip, cowgirl, chewy ginger, peanut butter, oatmeal, **bp** sugar)

Carrot cake \$5/piece; \$45 whole (serves 12)

Fruit-of-the-moment crisp \$6/serving; \$45 whole (serves 10)

NOTE: full bread loaves, cakes, & crisps are available with 24-hour notice

## TAKE ME HOME

House Coffee pound regular/decaf \$14/\$15

House Jam 8oz \$5

Granola pound \$10

Soup quart \$10

Tuna or Egg Salad quart/pint \$14/\$7

House Vinaigrettes pint \$8

Visit us at [www.blueplatemichigan.com](http://www.blueplatemichigan.com)