

# blue plate bakery & cafe

## EAT BREAKFAST ALL DAY

- bp** Chilaquiles Verdes \$12 – toasted corn tortilla strips, roasted poblanos, onions, eggs, tomatillo salsa, cheese, with black beans & crema (gf)  
Power \$12 – egg scram w/cheese & spinach; 2 bacon; 2 chicken sausage; tomato slices  
Power Plus \$14 – the Power plus one pancake or two slices of toast  
Basic \$10 – two eggs your way, café potatoes, chicken sausage or thick bacon, toast  
Baja Wrap \$10 – eggs, black beans, spinach, Jack cheese, potatoes, salsa in a wheat wrap  
Big Sky \$10 – open omelet w/bacon, mushrooms, scallions, & white cheddar, toast  
Athens Scram \$10 – eggs scrambled w/spinach, roasted tomato, & feta, toast  
Seattle Scram \$11 – egg whites scrambled w/kale, quinoa, & house beets, toast  
Goldie's \$12 – wheat bagel, veggie cream cheese, smoked Nova salmon, tomatoes, capers
- bp** Pancakes \$8/\$6 – triple stack/double stack  
Pancakes Plus \$9/\$7 – add blueberries, bananas, chocolate chips, or granola  
Apple Crisp French Toast \$10 – cinnamon soaked brioche, baked apple compote, candied walnut crumble, whipped cream  
**bp** Granola Parfait \$7 – our granola, homemade jam, Greek yogurt (gf)

## EAT LUNCH

### apps and snacks

- House Pimento Cheese \$6 – with veggies and crackers  
**bp** Pepper Jelly \$7 – with whipped goat cheese and crackers  
Today's Soup \$5/\$3 – homemade goodness, check for today's selection  
Small Salad \$6 – greens, carrots, scallions, tomato, balsamic vinaigrette

### sandwiches

- Chicken Reuben \$10 – chicken breast, sauerkraut, cheese, grilled onions, house Russian  
Panini Roma \$9 – country grain grilled w/provolone, fresh mozz, roasted tomatoes, pesto  
Egg Salad \$8 – classic version with arugula on wheat  
**bp** Sunshine All White Tuna Salad \$8 – with arugula on wheat (make it a melt, add \$1)  
BLT \$7 – thick bacon, lettuce, tomato, mayo on toasted sourdough  
**salad (gf) or wrap \$11** (with our homemade dressings)  
Chicken Ranch – greens, Amish chicken, bacon bits, diced tomato, scallions, carrots, ranch  
Harvest – kale, arugula, beets, roasted tomato, carrots, sunflower seeds, feta, herb dressing

## FEED THE KIDS (12 and under, please)

- Minnie Cake \$4 – our pancake poured in the shape of a mouse  
Sweet Dream-cakes \$5 – junior pancakes with chocolate chips, sprinkles, whipped cream  
Kid's BET \$5 – scrambled eggs, bacon, toast  
PB-Jammin' \$5 – natural peanut butter, strawberry jam on wheat  
Mr. Cheese \$5 – grilled cheese on sourdough

## ADD A SIDE

- |                                          |                                           |
|------------------------------------------|-------------------------------------------|
| Thick Bacon or House Chicken Sausage \$5 | Two eggs your way \$4                     |
| Smashed Black Beans \$4                  | Tomatillo Salsa \$2                       |
| Café Potatoes \$4                        | Toast \$3 (wheat or sourdough)            |
| Fruit Bowl \$4                           | Wheat Bagel \$4 plain or veg cream cheese |

(consuming raw or undercooked foods presents a health risk)

# blue plate bakery & cafe

## QUENCH

Fresh-squeezed Orange Juice \$5

House Coffee \$3 (medium, dark, or decaf)

French Press \$7 (serves 2+)

Hot Tea \$3 (black, white, green, & herbal varieties)

Michigan Fresh-Press Apple Cider \$4 (cold or hot)

Cold Brew Coffee \$4

Cold Brew Latte \$5 - shaken cold brew coffee with cow, soy, almond, or oat milk (add chocolate, vanilla, caramel, mint, or lavender syrup \$.50)

Cold Brew Iced Tea \$4 (black, green, or herbal)

Cafe Cooler \$5 – shaken iced tea and lemonade (choose simple, lavender, or mint syrup)

Milk/Chocolate Milk \$2/\$2.50

Kids Apple Juice \$2

Sparkling Water \$3

Coke/Diet Coke \$3

## smoothies \$6

Chocolate PB Smoothie– choice of milk, banana, peanut butter, & chocolate syrup

Paradiso Smoothie - OJ, Greek yogurt, banana, pineapple, & mango

Green Smoothie– apple juice, banana, kale, spinach, kiwi, & fresh ginger

(our organic coffee beans are sourced and roasted by Paramount Coffee, Lansing, MI)

## INDULGE

Mixed berry breakfast muffin \$3

**bp** Mocha muffin \$3

Pumpkin spice scone \$4

Cinnamon streusel coffee cake \$4

Banana bread \$3/slice; \$8/mini loaf

Zucchini chocolate chip bread \$3/slice; \$8/mini loaf

Apple cider donut bundt cake \$4/slice; \$35/whole

Granny bar \$4 (peanut butter crispy rice bottom with chocolate butterscotch top)

Caramel vanilla bean blondie \$4

Signature giant cookies \$2

(chocolate chip, cowgirl, chewy ginger, peanut butter, oatmeal, **bp** sugar)

Carrot cake \$5/piece; \$45 whole (serves 12)

Fruit-of-the-moment crisp \$6/serving; \$45 whole (serves 10)

NOTE: full cakes & crisps are available with 24-hour notice

## TAKE ME HOME

House Coffee pound regular/decaf \$14/\$15

House Jam 8oz \$6

Granola pound \$10

Soup quart \$10

Tuna or Egg Salad quart/pint \$14/\$7

House Vinaigrettes (balsamic or herb) pint \$6

Visit us at [www.blueplatemichigan.com](http://www.blueplatemichigan.com)